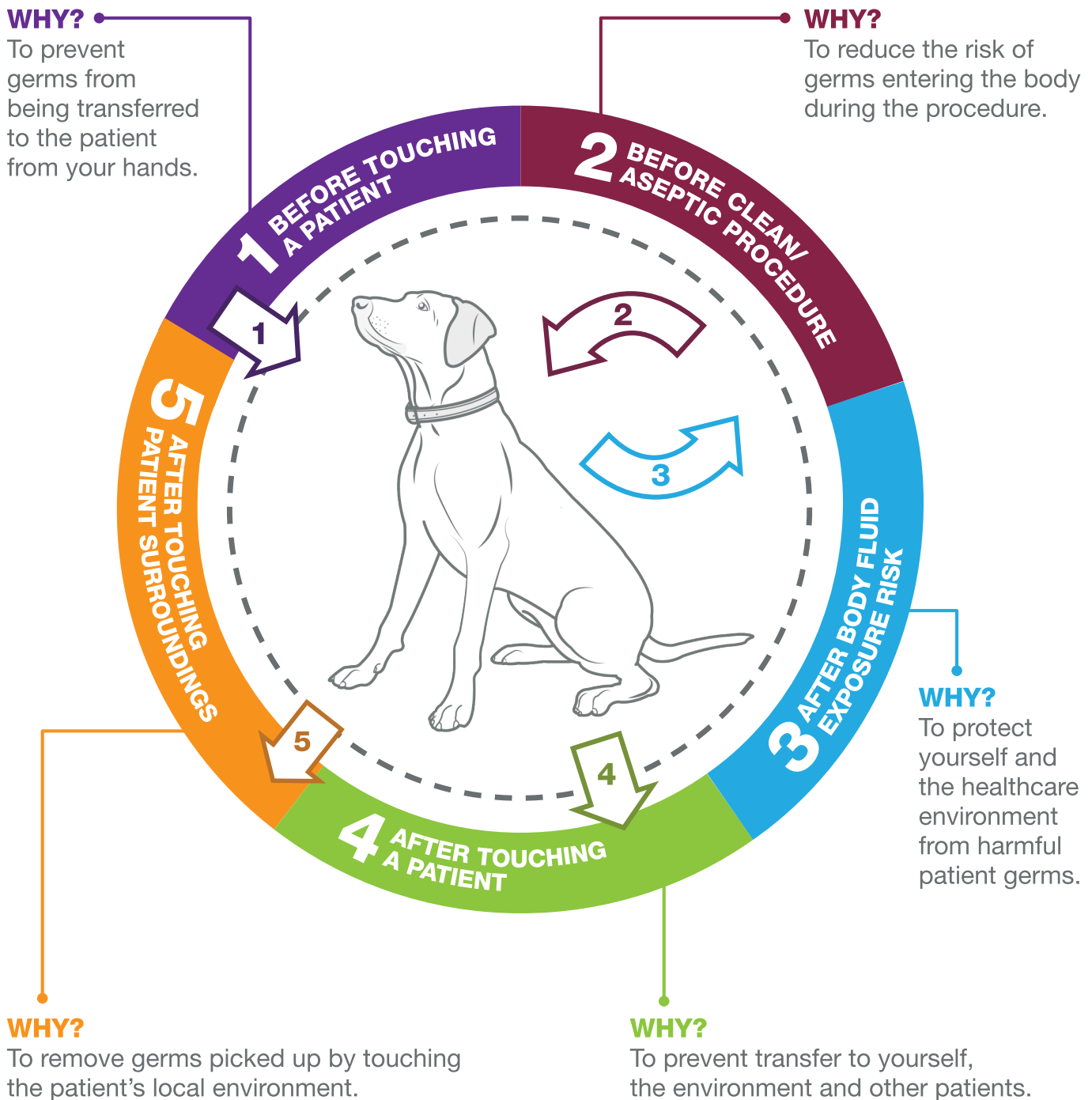


# YOUR 5 MOMENTS FOR HAND HYGIENE

Based on principles from Sax, H., et al. (2007). "My five moments for hand hygiene": a user-centred design approach to understand, train, monitor and report hand hygiene." *Journal of Hospital Infection* 67(1): 9-21.

Hand hygiene is required at each of these 5 moments:



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